

# *Calm Your Anxious Heart*



Cast all your anxiety on him because he cares for you (1 Peter 5:7).

Now may the Lord of peace himself give you his peace at all times and in every situation. The Lord be with you all (2 Thessalonians 3:16).

I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid (John 14:27).

Even when I walk through the darkest valley, I will not be afraid, for you are close beside me (Psalms 23:4).

Give all your worries and cares to God, for he cares about you (1 Peter 5:7).

So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you (Deuteronomy 31:6).

Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand (Isaiah 41:10).

So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today (Matthew 6:34).

For God has not given us a spirit of fear, but of power and of love and of a sound mind (2 Timothy 1:7).

Say to those with fearful hearts, "Be strong, and do not fear, for your God is coming to destroy your enemies. He is coming to save you" (Isaiah 35:4).

