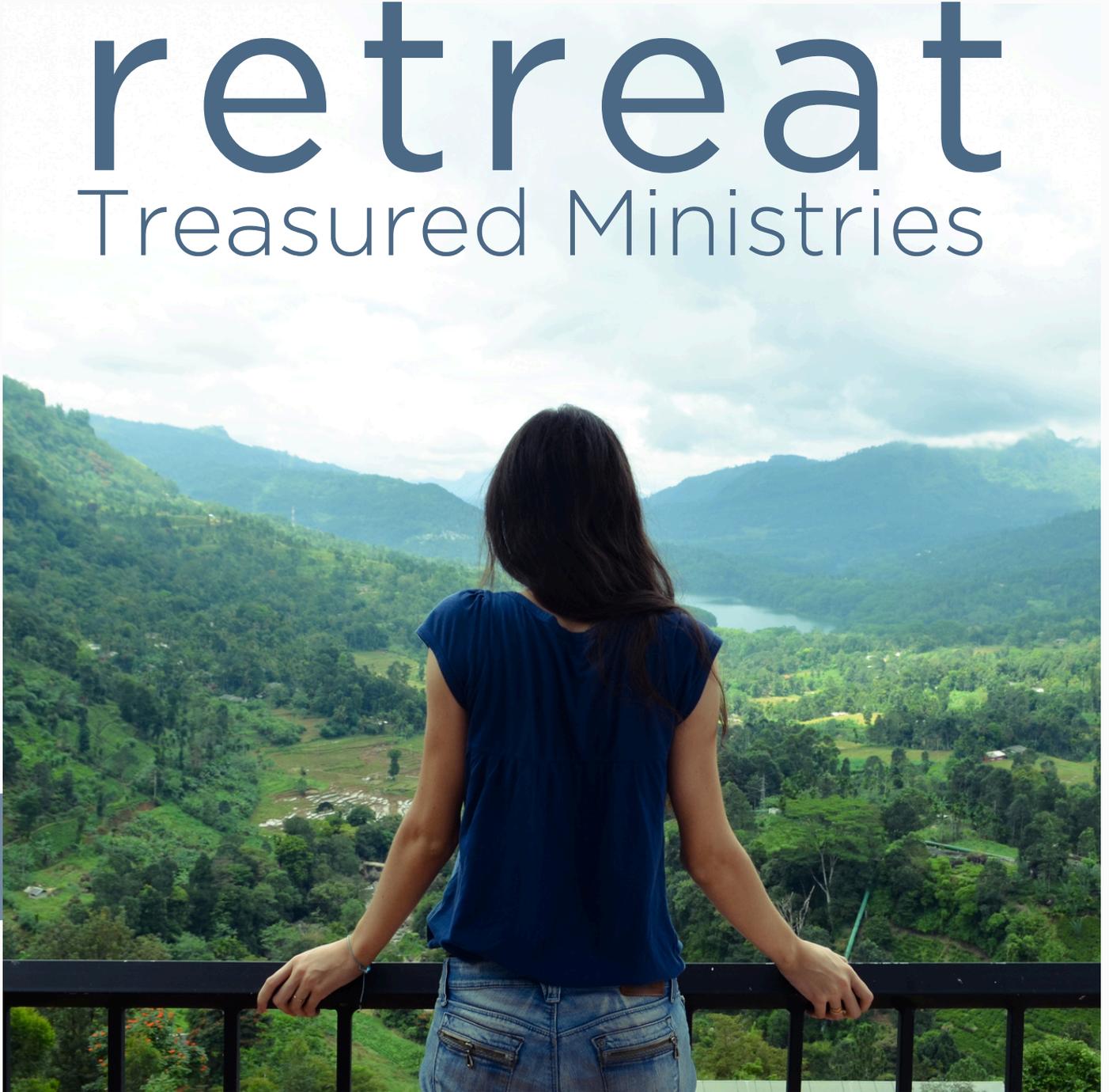


2026

nurture

retreat

Treasured Ministries



RESTORING IDENTITY THROUGH SACRED REST

# WELCOME TO NURTURE

Dear Friend,

I'm so thrilled to invite you to NURTURE at The Cove—one of my favorite places in North Carolina to pause, breathe, and simply be with God.

This retreat is your time to step away from the weight of striving, rest in His presence, and rediscover the woman God created you to be. Come ready to breathe, reflect, and allow Him to gently restore your heart and identity.

I can't wait to meet you, pray with you, and share this special time together.



*With love,  
Aliene Thompson*

Executive Director  
Treasured Ministries



“YOU WERE MADE QUEEN  
FOR JUST SUCH A TIME  
AS THIS”

Esther 4:14

# NURTURE

A TREASURED MINISTRIES RETREAT  
JULY 21–24, 2026  
AT THE COVE

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There are seasons when the soul grows weary from striving, surviving, and holding everything together. NURTURE is an invitation to lay that weight down.

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Over four days in the quiet beauty of the Blue Ridge Mountains, we will gather as women longing to be refreshed—not by performance, pressure, or proving—but by the restoring presence of God.

Together, we will gently explore how rest restores identity.

Sometimes life steals pieces of us—through loss, broken relationships, trauma, or patterns we never chose. By the end, we can feel fragmented, uncertain, or like the woman God created us to be has been hidden. NURTURE is a sacred space to reclaim what was never meant to be taken.

Led by Aliene Thompson, this retreat will guide women through prayer, worship, and biblical teaching rooted in the story of Esther—who, though orphaned, stepped into courage, purpose, and identity in God’s timing. We will reflect on how survival patterns, people-pleasing, and codependency can blur our true selves, and how God’s love restores what was lost.

This retreat is for the woman who:

- Feels tired of striving to be enough
- Has lost pieces of herself along the way
- Longs to rediscover her voice and calling
- Desires healing in a safe, Spirit-led space

CHATLOS MEMORIAL CHAPEL

STEP INTO SACRED REST, AND LEAVE CARRYING  
THE QUIET STRENGTH OF A WOMAN RESTORED.

# 2026 Tentative Retreat Schedule

## Day One: Tuesday, July 21

- 3:00 PM Check-in Starts at The Cove
- 3:30 PM Arrive & Unwind—Open House Welcome Reception
- 6:00 PM Dinner
- 7:15 PM *Nurture Session One* — The Banquet of Rest: Stepping Into What Was Stolen

## Day Two: Wednesday, July 22

- 8:00 AM Breakfast
- 9:10 AM Session Doors Open
- 9:20 AM *Nurture Session—Two* Renewed to Reign: Identity Restored
- 12:30 PM Lunch
- 2:00 PM Solitude to Seek Jesus at the Cove Chapel
- 3:45 PM *Nurture Session Three—When Silence Is Unsafe: Stepping Into Your Voice*
- 6:00 PM Dinner
- 7:00 PM Special Evening Entertainment—Kelly Swanson Theater Show



# Retreat Schedule

## Day Three: Thursday, July 23

- 8:00 AM Breakfast
- 9:10 AM Session Doors Open
- 9:20 AM *Nurture Session Four*—Identity Heals: The Other Side of Your Yes
- 11:00 AM Solitude to Seek Jesus
- 12:30 PM Lunch
- 2:00 PM Solitude to Seek Jesus
- 3:30 PM Vision Board/Free Time
- 6:00 PM Dinner
- 7:15 PM Fireside Reflection (*Fire Pit*)

## Day Four: Friday, July 24

- 8:00 AM Breakfast
- 9:00 AM Time to Pack
- 10:10 AM Session Doors Open
- 10:20 AM *Nurture Session Five*—Crowning the Journey: Celebrating Restored Identity
- 12:00 PM Retreat Ends



## SCHEDULE DETAILS: WHAT TO EXPECT

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### **Arrive & Unwind: An Open House Welcome Reception**

God has special friendships for you at retreat. After check-in, stop by for light refreshments, connection, and fellowship as we begin this special time together. Come as you are—stay as long as you like. Meet faith-filled women of all ages from all across the country—just like you!

### **Nurture Sessions**

Nurture Retreat Sessions combine worship, prayer, and a message taught by Aliene Thompson that revolve around our 2026 retreat theme: Restoring Identity Through Sacred Rest, based on the book of Esther.

### **Solitude to Seek Jesus**

With Bible study materials, reflective questions, and interactive somatic exercises to guide you, this time is set aside for you to sit in God's presence and process what you've just discovered during the morning Nurture Session. Let God speak a personal word to treasure all through the year. Nourish your heart, renew your mind, and encounter the life-changing power of God's Word.

### **Kelly Swanson Theater Show**

End your day with laughter. Heartwarming and incredibly funny, award-winning storyteller and comedian Kelly Swanson will have you laughing your way through her unforgettable theater show.

### **Vision Board: A Visual Reminder for Your Next Season**

On the mountain, God will meet you in sacred rest and awaken the woman He created you to be—steady, whole, and deeply loved. At the end of our retreat, you'll create a vision board that reflects what He has renewed in you, giving you a visual reminder to carry with you long after you leave.

### **Fireside Reflection**

Around The Cove's fire pit we will reflect on retreat. Enjoy s'mores and a special time of remembrance together, as we look forward in anticipation to all God is going to do.

### **Free Time**

Relax, reflect, and explore the beautiful surroundings. Connect with other women over coffee, hike the Cove's trails, or simply unwind and recharge. Don't miss the chance to visit Ruth Graham's prayer garden or the beautiful Cove Chapel, and be sure to check out Ruth's Attic Gift Store. Additionally, the charming downtown areas of Asheville and Black Mountain are nearby to explore.

# FEATURED SPECIAL GUESTS

Meet the women God has sent to serve you at  
NURTURE retreat in 2026.



**Aimee Rogers**  
**Worship**

Leading worship for many special events, conferences, and services at both The Cove and other churches throughout the Southeast, Aimee Rogers invites others to give glory to God for all He has done. Her passion for Jesus is contagious.



**Ginny Bradshaw**  
**Intercessory Prayer**

For over 30 years, Ginny Bradshaw has been faithfully walking the path of intercessory prayer, standing in the gap for others with quiet strength and unwavering faith. Ginny will lead us in prayer during retreat and is available to pray with you individually.



**Kelly Swanson**  
**Special Evening Entertainment**

Kelly Swanson is a Hall of Fame motivational speaker, award-winning storyteller, and comedic powerhouse who helps people flip the script on fear and burnout. With over 20 years on stage, she uses humor, heart, and high-impact storytelling to spark courage and fuel resilience.

## FREE - TIME OPTIONS

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### **Hike The Cove Trails**

There are several hiking trails located at The Cove, including a longer hike that ends with an amazing view of the Blue Ridge Mountains. If you choose to hike, The Cove recommends that you take a walkie-talkie with you. Walkie-talkies are located at the information desk in The Billy Graham Training Center. The hike to the vista takes an average of three to four hours.

### **Explore Downtown Asheville or Black Mountain**

Asheville and Black Mountain have beautiful and quaint downtown areas with many specialty shops and restaurants. Take time to explore and find some souvenirs!

### **Rest**

Take time to rest and restore by on the Training Center back deck ricking chairs that overlook the mountains, relaxing in your room, or chatting with friends.

### **Enjoy The Cove**

Visit The Chatlos Memorial Chapel to explore Ruth's Prayer Garden and The Billy Graham Museum. Shop at Ruth's Attic gift store. Shuttle buses are available every 15 minutes.

### **Pray with Ginny**

For over 30 years, Ginny Bradshaw has been faithfully walking the path of intercessory prayer, and she is available to pray with you one on one during retreat.





REGISTER  
TODAY



Early Bird Rates (Available Until April 15)

- Single (1 person): \$695
- Double (2 persons/share a room): \$465

Standard Rates

- Single (1 person): \$875
- Double (2 persons/share a room): \$650

Scholarships Available on the Treasured Ministries Website Retreat Page!

# THANK YOU DONORS!



*Thanks to the incredible participation in our year-end GIVE 10 TELL 10 Campaign, much of the \$1,400+ cost per person for the NURTURE Retreat has already been covered.*

*Because of you, women will rest, reconnect, and renew.*





# COME AS YOU ARE. LEAVE RENEWED.

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Join us for NURTURE—  
register today and  
rediscover the woman God  
created you to be.

